

# PSHE policy

Sacks Morasha Jewish Primary School



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## 1. Aims

The aims of personal, social, health and economic (PSHE) education in our school are to:

*Personal, Social, Health and Economic (PSHE) education is a school subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future.*

*These skills and attributes help pupils to stay healthy, safe and prepare them for life and work in modern Britain. When taught well, PSHE education helps pupils to achieve their academic potential and leave school equipped with skills they will need throughout later life.*

*PSHE education helps pupils to develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society. From making responsible decisions to healthy eating, PSHE education helps pupils to manage many of the most critical opportunities, challenges and responsibilities they will face growing up.*

*Through both PSHE lessons and daily life at school we aim to create and encourage equal opportunities for all, to be part of and celebrate our community and teach the importance of valuing and respecting every child and adult either within or outside of the community in line with our ethos.*

## **2. Statutory requirements**

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

- We must teach relationships education under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#)
- We must teach health education under the same statutory guidance

This policy also complies with the terms of our funding agreement.

## **3. Content and delivery**

### **3.1 What we teach**

As stated above, we're required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above).

Refer to our Relationships and Sex Education (RSE) policy for details about what we teach, and how we decide on what to teach, in this subject.

For other aspects of PSHE, including health education, see the curriculum map below for more details about what we teach in each year group.

All year groups use the 3Dimensions teaching scheme for their lessons. Dimensions has produced a fully comprehensive PSHE Education programme in line with the National Curriculum, which includes creative lesson plans that can be easily integrated into everyday teaching, based on the needs of the pupils and schools. This scheme supports pupils' spiritual, moral, cultural, mental and physical development and prepares them for the opportunities, responsibilities and experiences of life. 3D PSHE aims to help pupils *'develop and demonstrate skills and attitudes that will allow them to participate fully in and contribute positively to life in modern Britain'*.

Pupils will also be taught through three underlying core themes, within which there will be broad overlap and flexibility:-

**1. Health and Wellbeing**

**2. Relationships**

### 3. Living in the Wider World

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Hygiene (6)	Communication (6)	Bullying (5)	Keeping Safe (5/6) (Cut internet lesson)	Fairness (6)	Communities (5)
Year 2	Rules and Responsibilities (6)	Changing and Growing (6)	Family and Friends (6)	Healthy Lifestyles (6)	Emotions (6)	Money and Finance (6)
Year 3	Rules and Responsibilities (4)  Physical, Emotional and Mental (3)	Bullying (4)	Heads up!	Similarities and Differences (4 – Unit 4)	Growing and Changing (2)  Healthy Lifestyles (3)	Economic Awareness (2)  First Aid (3)
Year 4	Aspirations (4)	Emotions (4)	Heads up!	Communication (4)  Collaboration (3)	Similarities and Differences (3 -Unit 5)  Diversity and Discrimination (3)	Nutrition and Food (4)
Year 5	Emotions (3)	Communication (3)  Collaboration (3)	Heads up!	Rights and Responsibilities (3)  Diversity (1)	Nutrition and food (3)	Health
Year 6	Aspirations (4)	Similarities and Difference (3)	Heads up!	Economic Awareness and Enterprise (5)		Healthy Relationships (2)  Health

#### 3.2 How we teach it

- PSHE is taught once a week in each year group from Reception to Year 6 by the class teacher.
- Some topics such as Healthy Eating and Safety have been removed from the curriculum in certain year groups as they are taught through science and computing. Assemblies can also incorporate and enhance learning from PSHE.
- The lessons take a varied form including discussions, role plays, creative activities and both written and verbal activities – this allows opportunities for all children to feel included, regardless of abilities or background.

- Each class keeps a scrapbook of evidence. This scrapbook includes an objective, examples of work and/or quotes from children on post-it notes.
- Any concerns which are raised about children from lessons are taken from the class teachers to the line managers and/or wellbeing co-ordinators or DSL if deemed necessary.
- Using the 3Dimensions as a base ensures teachers are given discussion points and do not let their personal beliefs and attitudes influence the learning.
- We take part in the Heads Up program from Year 3 upwards, which focuses on mental health and wellbeing.

## 4. Roles and responsibilities

### 4.1 The governing board

The governing board will approve the PSHE policy, and hold the headteacher to account for its implementation.

### 4.2 The headteacher

The headteacher is responsible for ensuring that PSHE is taught consistently across the school.

### 4.3 Staff

Staff are responsible for:

- › Delivering PSHE in a sensitive way
- › Modelling positive attitudes to PSHE
- › Monitoring progress and achievements
- › Responding to the needs of individual pupils
- › Following the curriculum map ensuring the full coverage of the curriculum

### 4.4 Pupils

Pupils are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

## 5. Monitoring arrangements

The delivery of PSHE is monitored by Carly Barron and the headteacher through learning walks, half termly scrapbook looks and verbal feedback.

## 6. Links with other policies

This policy links to the following policies and procedures:

RSE policy