

PSHE Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Hygiene (6)	Communication (6)	Bullying (5)	Keeping Safe (5/6)	Fairness (6)	Communities (5)
Year 2	Rules and Responsibilities (6)	Changing and Growing (6)	Family and Friends (6)	Healthy Lifestyles (6)	Emotions (6)	Money and Finance (6)
Year 3	Rules and Responsibilities (4) Physical, Emotional and Mental (3)	Bullying (4)	Heads up!	Similarities and Differences (4 – Unit 4)	Growing and Changing (2) Healthy Lifestyles (3)	Economic Awareness (2) First Aid (3)
Year 4	Aspirations (4)	Emotions (4)	Heads up!	Communication (4) Collaboration (3)	Similarities and Differences (3 -Unit 5) Diversity and Discrimination (3)	Nutrition and Food (4)
Year 5	Emotions (3)	Communication (3) Collaboration (3)	Heads up!	Rights and Responsibilities (3) Diversity (1)	Nutrition and food (3)	Health
Year 6	Aspirations (4)	Similarities and Difference (3)	Heads up!	Economic Awareness and Enterprise (5)	Healthy Relationships (2) Health	